



AUTUMN 1

Week	w/b	PSHE lesson	PSHE Theme	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12	Yr 13
1	01-Sep	n/a	Colmers Way							
2	08-Sep	Mon B1	Letter to tutor	Safeguarding letter to tutor & target setting for the year	Safeguarding letter to tutor & target setting for the year	Safeguarding letter to tutor & target setting for the year	Safeguarding letter to tutor & target setting for the year	Safeguarding letter to tutor & target setting for the year	Barriers to learning and organisation	Organisation and Time Management skills
3	15-Sep	Mon A2	FBV	Fundamental British Values - mutual respect	Fundamental British Values - rule of law	Fundamental British Values - individual liberty	Fundamental British Values - democracy	Fundamental British Values - tolerance	Mindsets	Target Setting
4	22-Sep	Mon B3	Active citizen	Form pledge and belonging	Form pledge and belonging	Form pledge and belonging	Form pledge and belonging	Form pledge and belonging	British Values: democracy	Personal State/CV prep: focus resource 1
5	29-Sep	Mon A4	Democracy	School council & Democracy	School council & Democracy	School council & Democracy	School council & Democracy	School council & Democracy	Cornell Notes	Personal State/CV prep: focus resource 2
6	06-Oct	Mon B5	Black History Month	Black History Month	Black History Month	Black History Month	Black History Month	Black History Month	Black History month	Personal State/CV prep: focus resource 3
7	13-Oct	Tues A1	Mental Health Day	World Mental Health Day 10/10- What is it? Definitions	World Mental Health Day 10/10 - Anxiety including social & mindfulness.	World Mental Health Day 10/10 - Anxiety & coping methods	World Mental Health Day 10/10 - Anxiety & coping methods	ELEVATE - external speak revision skills	Developing independence	Personal State/CV prep: focus resource 4
8	20-Oct	Tues B2	9 protected characteristics	9 protected characteristics - age	9 protected characteristics - disability	9 protected characteristics - marriage & Sexual orientation	9 protected characteristics - race & religion	Elevate follow up how to create a revision timetable	Student leadership and Enrichment opps	Personal State/CV prep: focus resource 5



AUTUMN 2

Week	w/b	PSHE lesson	PSHE Theme	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12	Yr 13
9	03-Nov	TUES A3	Anti- bullying week(next week)	what is it? Where can you go for help? Effects? Bystander effect	Can you trust the media? Competiton "one kind word"	Sexism & misogyny	Sexism	Domestic Abuse	Consent	Personal State/CV prep: focus resource 7
10	10-Nov	TUES B4	Remembrance	Remembrance - reflection & linked with British Legion	Remembrance - reflection & linked with British Legion	Remembrance - reflection & linked with British Legion	Remembrance - reflection & linked with British Legion	Checking for Cancers (breast & testicular)	Critical thinking	Personal State/CV prep: focus resource 7
11	17-Nov	TUES A5	Impacts of social media	Social media & the law	Advantages & disadvantages of social media - sharing images	Sex in the media- pornography	legal and illegal relationships	Revision skills and Bring & brag	STI's	Personal State/CV prep: focus resource 8
12	24-Nov	WED B1	Online safety	Online grooming	Gambling	Phising scams	County lines	Revision skills and Bring & brag	Mindfulness	Personal State/CV prep: focus resource 9
13	01-Dec	WED A2	Keeping safe in my community	Keeping safe in my community - Road safety & reporting crimes.	Keeping safe in my community - Road safety & reporting crimes.	Keeping safe in my community - Gangs & knife crime.	Keeping safe in my community - Racism & xenophobia.	Exam reflection - WWW EBI	Staying safe	PS/CV completion and UCAS Entry
14	08-Dec	WED B3	Disability	Disability - what does it mean?	Disability - SEND	Ableism - link to blood brothers	Ableism - rights on flights	Advantages & disadvantages of social media - sharing images	Enterprise Challenge 1 (Unifrog Wk)	PS/CV completion and UCAS Entry
15	15-Dec	WED A4	Being a responsible citizen	Being a responsible citizen - homelessness	Being a responsible citizen - bystander effect	Being a responsible citizen - climate change	Being a responsible citizen/county lines	menopause	Wellbeing	Revision for mock exams

SPRING 1

Week	w/b	PSHE lesson	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12	Yr 13
16	05-Jan	WED B5	What is a healthy friendship? What do you do if things don't work out?	Different types of committed & stable relationship	No lesson; partial closure	No lesson; partial closure	consent & the choice to delay intimacy	Mental Health Management	Cornell Notes
17	12-Jan	THURS A1	Child on Child	Child on Child	Child on Child	Child on Child	Child on Child	Child on Child	Child on child abuse: online harassment
18	19-Jan	THURS B2	Stereotypes - dangers of stereotyping	Stereotypes - travellers	Gaslighting	How do relationships change over time? What do you do if things don't work out?	What is masculinity?	Healthy Relationships	Gambling awareness
19	26-Jan	THURS A3	Anne Frank - personal case study	Barney Greenman case study	Kindertransport	Holocaust & empathy	Pregnancy options	Holocaust Denial	Racism & Inclusion
20	02-Feb	THURS B4	Peer pressure - dating, smoking, drinking (you don't have to if you don't want to)	Vaping	consent / intimacy - does not have to mean sex	consent & the choice to delaying intimacy (including pleasure)	misogyny	Apprenticeships: busting myths	Mindfulness: developed
21	09-Feb	THURS A5	Prevent /Right wing	Prevent /Right wing	Drugs and the law inc. vape	Drugs and the law inc. vape	Drugs and the law	Studying a MOOC	Finances



SPRING 2

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SUMMER 1

Week	w/b	PSHE lesson	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12	Yr 13
27	13-Apr	Mon A1	Puberty & hygiene inc brushing teeth	Health inequalities	Addiction	STI's inc HIV & AIDS	EXAMS	Personal Finances	Micro-aggression and stereotyping
28	20-Apr	Mon B2	Rights of a child	Rights of a child	Rights of a child	Mortgages & renting & Pensions & savings	EXAMS	Work Experience	Preparation for A Level exam
29	27-Apr	Mon A3	Periods & period poverty	tobacco & lung cancer	Risks of alcohol consumption	Fertility	EXAMS	Apprenticeships and Uni: comparison	Revision techniques and strategies
30	04-May	Bank Holiday	Bank Holiday						
31	11-May	Mon A4	Domestic Abuse	Domestic Abuse	Domestic Abuse	Interview day applications	EXAMS	Post-18 Choices	Preparation for A Level exam
32	18-May	Mon B5	What is resilience? How can you be more resilient?	Social & academic	Social & academic	Interview day applications	EXAMS	Apprenticeships and University	Preparation for A Level exam



SUMMER 2

Week	w/b	PSHE lesson	Yr 7	Yr 8	Yr 9	Yr 10	Yr 11	Yr 12	Yr 13				
33	01-Jun	Tues A1	LGBTQ+	LGBTQ+	LGBTQ+	LGBTQ+		Personal Statements					
34	08-Jun	Tues B2	FGM	Body modification	contraception	contraception		Personal Statements					
35	15-Jun	Tues A3	First Aid- asthma & allergies	First Aid - basic life support	First Aid - bleeding	First Aid - joints and bones		1:1 session					
36	22-Jun	Tues B4	Windrush/ Refugee week- led by SDS					Sepsis					
37	29-Jun	Tues A5	Who am i?	Who am i?	Who am i?	Who am i?		Revision techniques and timetables					
38	06-Jul	Wed B1	What is genocide? 10 stages of genocide	Cambodia	Rwanda	Srebenica		Personal Statements					
39	13-Jul	Wed A2	Year reflection - letter to tutor	Year reflection - letter to tutor	Year reflection - letter to tutor	Year reflection - letter to tutor		Work Experience Week					
		N/A											