

Curriculum Overview 2025-2026 Subject: Health and Social Care

	Autumn 1= 8 weeks								Autumn 2= 7 weeks							Spring 1=6 weeks							Spring 2= 5 weeks					Summer 1= 6 weeks						Summer 2= 7 weeks						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	
Year 11	Week 1 – possibly no lesson. Weeks 2 – 8 - Overview of Year 11 H&SC course and how to plan a health campaign (1 lesson) - Complete R035 Task 2 (Plan) and submit to teacher (3 lessons) - Task 2 improvements based on feedback and presentation resources preparation (11 lessons) - Begin to deliver presentations (3 per lesson)/write Task 4 evaluation using teacher and audience feedback (6 lessons)								Weeks 9 – 11 finish outstanding presentations and evaluations. Submit evaluations for marking (4 lessons) - Revise R032 content taught in Year 10 for internal exam. (5 lessons, to include one on exam technique). Weeks 12 - 15 (Internal exams start Week 12) - Improve Task 4 using student reflection and complete any outstanding improvements to all tasks ready for first R035 submission window in January/if assignment is complete, work on exam topics students find most difficult (12 lessons).							Week 16 – share exam results and feedback using mark scheme. Question-level analysis to see where students did well/lost marks. Enter R035 grades for submission to OCR (3 lessons). Weeks 17 - 21 – Complete R035 coursework authentication paperwork for sample - Complete any outstanding re-writing of R033 Task 1 and finish improvements to Tasks 2a and 2b for those who need to re-submit and did not complete this at end of Year 10 (18 pupils) - Re-visit R032 content pupils struggled to answer questions on in internal exam to improve understanding and application - Answer more practice questions and complete feedback activities on areas of weakness. (15 lessons).							Weeks 22 and 23 - Continue to consolidate exam topics and do more practice questions (6 lessons). Weeks 24 – 26 - R035 results from OCR in mid-March. Re-enter those who have not achieved a higher grade (5.5. or 7) and improve assignment whilst students who don’t need to do any more to their coursework continue with exam preparation (9 lessons).					Weeks 27 and 28 – Complete final R035 assignment improvements, whilst students who don’t need to do any more to their coursework continue with exam preparation (6 lessons). Weeks 29 – 32 - Send improved NEAs to OCR (mid-May). - Exam preparation for all (12 lessons).						Week 33 - Final exam preparation - Sit exam (provisionally Wednesday 3rd June pm). Course complete.						
Year 10	Week 1 – possibly no lesson. Weeks 2 – 4 - Introduction to H&SC Course, to include what the life stages are (1 lesson). - What are PIES? (1 lesson) - Task 1 Assignment Focus: Milestones of growth and development in middle adulthood (1 lesson). - How to write Assignment Task 1 (including completion								Weeks 9 and 10 - What life events are (including difference between expected and unexpected events and 3 categories of events: physical events, relationship changes, life circumstances). (1 lesson). - Physical events – accident/injury, ill health, genetic disorders, puberty, menopause (1 lesson). - Relationship changes – starting/ending relationships,							Week 16 – Make improvements to any sections of R033 Tasks 1 and Task 2a that are lacking in detail to ensure both tasks will make at least a Level 2 Merit grade likely overall (3 lessons). Week 17 – Introduction to Task 2b, starting with formal support and the role of practitioners giving this (1 lesson)							Week 22 – Students to reflect on and improve standard of Task 2b (again to at least Merit grade standard) and re-submit improved version (3 lessons). Weeks 23 – 26 - Make any outstanding final improvements to any R033 assignment tasks students have under-					Week 27 – Introduction to R032 exam unit and teaching of Topic 1 (3 lessons) Week 28 – Teaching of Topic 2 (3 lessons). Weeks 29 and 30 – Teaching of Topic 3 of exam unit (6 lessons). Weeks 31 and 32 – Teaching of Topic 4 (6 lessons).						Weeks 33 and 34– Share newly-published R035 brief focusing on two health challenges to choose from and teach content – the importance of a healthy society and public health challenges for society (2 lessons). - Research and Write Task 1a. Students to submit draft of first task in final lesson (4 lessons).						

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	of Introduction paragraph) (1 lesson). - Write R033 Task 1 part 1 (how a chosen individual has grown and developed in older adulthood physically, intellectually, emotionally and socially). Students need to write 3 detailed paragraphs per lesson for each of the PIES areas (4 lessons, one for each of the PIES areas). Week 4 (Lesson 3) – Week 7 - How factors can affect growth and development throughout life, with a focus on cultural, emotional and social factors (assignment requirement). (3 lessons, 1 per type of factor). - Write R033 Task 1 part 2 - how the individual has been affected by 2 cultural, 2 emotional and 2 social factors (6 lessons, 1 for each specified factor due to there being 6 factors to write about overall). - Complete any unfinished sections and submit draft of R033 to teacher (2 lessons). Week 8 – Improve Task 1 based on student reflection and re-submit improved version (3 lessons).	divorce/separation, parenthood, bereavement (1 lesson). - Life circumstances – school starting/changing/exclusion, redundancy, imprisonment, retirement, bankruptcy (1 lesson). - Impacts life events have on individuals in terms of PIES (to include Financial impacts for assignment) (1 lesson). - Identifying individuals' PIESF needs based on impacts of life events. (Focus on difference between impacts and subsequent needs (1 lesson). Weeks 11 – 13 - Introduction to Task 2a, including how to conduct an effective interview (1 lesson). - Write Task 2a part 1 - Two detailed paragraphs are expected this hour, one for each event description. (1 lesson) - Write Task 2a part 2 - Three detailed paragraphs are expected each lesson for how the life event affected the individual's P, I, E, S, F. (5 lessons). - Write Task 2a part 3 – Five detailed paragraphs, at least one for each of the PIESF need to be completed by end of second lesson. (2 lessons). Week 14 – Complete any unfinished sections that require more detail from verbal feedback and submit completed first draft of R033 Task 2a to teacher (3 lessons). Week 15 – Improve Task 2a based on student reflection and re-submit improved version (3 lessons).	- Informal support and the roles of informal care givers (1 lesson). - Charity support and their role in helping people cope with life events (1 lesson). Week 18 - How support meets individual needs and how this is justified (1 lesson). - What the nine person-centred values are and how these can be applied to individuals through support given (2 lessons). Weeks 19 and 20 - Research appropriate examples of all 3 types of support for individual written about in Task 2a and write Task 2b part 1 (6 lessons, one for research and the other 5 for writing, one lesson for each need). Week 21 – Write Task 2b part 2 and submit Task 2b to teacher (3 lessons).	performed in and finalise all paperwork, including completing interview notes and authentication forms (12 lessons).	- Send final R033 grades and work sample to OCR.	Week 35 – Teach Task 1b content (3 lessons). Weeks 36 and 37 – Write both sections of Task 1b (6 lessons, one task per week), then submit draft of this to teacher in final lesson of Week 5. Week 38 - Improve standard of Task 1a to at least Merit grade standard based on student reflection and re-submit improved version (3 lessons). Week 39 - Improve standard of Task 1b to at least Merit grade standard based on student reflection and re-submit improved version (3 lessons).
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