Summer Things To Do!
July 2020
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Parks and Nature Reserves

Arrow Valley Country Park
*Arrow Valley Country Park is a country park on the River Arrow, at Redditch, Worcestershire, England.*

Battens Drive, Redditch B98 0LJ


Clent Hills
*The Clent Hills lie 10 miles south-west of Birmingham city centre in Clent, Worcestershire, England. The closest towns are Stourbridge and Halesowen.*

Near Romsley, Worcestershire – B62 0NL

[https://www.nationaltrust.org.uk/clent-hills](https://www.nationaltrust.org.uk/clent-hills)

Coffton Park
*Coffton Park is 135 acres of rolling fields and trees and is situated on the slopes adjoining the Lickey Hills Country Park. The park is mainly made up of by open grassland, and has football pitches for use by the local community.*

Northfield, Rednal, Birmingham B45 8UN

[https://www.birmingham.gov.uk/directory_record/9099/cofton_park](https://www.birmingham.gov.uk/directory_record/9099/cofton_park)

Cannon Hill Park
*Including The Fun Park, Golden Putter Mini-Golf and Boating Lake.*

Russell Rd, Moseley, Birmingham B13 8RD

[http://www.cannonhillpark.co.uk](http://www.cannonhillpark.co.uk)

Highbury Park
*Highbury Park is a public park located in Moseley, Birmingham, UK.*

20 Shutlock Lane, Birmingham B13 8QE

[https://www.birmingham.gov.uk/directory_record/9119/highbury_park](https://www.birmingham.gov.uk/directory_record/9119/highbury_park)
King’s Heath Park
The location of the BBC’s Gardeners World, this delightful park serves as a family gathering place for picnics and recreation.

Vicarage Road, Birmingham B14 7TQ

https://www.birmingham.gov.uk/info/20089/parks/1679/kings_heath_park

Lickey Hills
Lickey Hills Country Park is one of Birmingham’s most varied and treasured parks. It covers 524 acres and is located just 10 miles south west of Birmingham.

Warren Lane, Rednal, Birmingham B45 8ER

https://www.birmingham.gov.uk/info/20089/parks/406/lickey_hills_country_park

Manor Farm
Nature and wildlife park.

389 Bristol Rd S, Birmingham B31 2AB

https://www.birmingham.gov.uk/directory_record/9131/manor_farm_park

Martineau Gardens
A beautiful, free entry community garden. A wildlife oasis, a haven of tranquility or a great destination for outdoor adventure, there are 2.5 acres of organically managed landscape to explore.

27 Priory Rd, Birmingham B5 7UG

https://martineau-gardens.org.uk

Morton Stanley Park
Worcestershire park.

Windmill Drive, Redditch B97 5GE

Moseley Bog Nature Reserve

Moseley Bog was the childhood playground of The Lord of the Rings author JRR Tolkien, who lived nearby. The site inspired the ‘old forest’ in his books The Hobbit and The Lord of The Rings. People come from all over the world to discover his inspiration for themselves.

Yardley Wood Rd, Moseley, Birmingham B13 9JX
https://www.bbcwildlife.org.uk/moseley-bog-plan-visit

Rowheath Pavillion

Pavilion and park.

Heath Rd, Birmingham B30 1HH
https://rowheathpavilion.co.uk

RSPB Sandwell Valley

Sandwell Valley RSPB reserve is a nature reserve, run by the RSPB, in Sandwell Valley, to the north of West Bromwich, in the Sandwell borough of West Midlands in England. It is adjacent to, and shares its main lake with, Sandwell Valley Country Park and near the settlement of Hamstead.

Tanhouse Ave, Birmingham B43 5AG
https://www.rspb.org.uk/reserves-and-events/reserves-a-z/sandwell-valley/

Sanders Park

Sanders Park is a park in Bromsgrove, Worcestershire formally opened on 14 September 1968.

Kidderminster Rd, Bromsgrove B61 7JP

Waseley Hills Country Park


Gannow Green Lane, Rubery, Birmingham B45 9AT
http://www.worcestershire.gov.uk/directory_record/3328/waseley_hills_country_park
Woodgate Valley

Rural park with brook running through middle offers pony trekking, visitor centre and play area.

Clapgate Lane, Birmingham B32 3DS

https://www.birmingham.gov.uk/info/20089/parks/404/woodgate_valley_country_park/5
Something a Bit Different

Birmingham Cathedral
The Cathedral Church of Saint Philip is the Church of England cathedral and the seat of the Bishop of Birmingham. Built as a parish church and consecrated in 1715, St Philip’s became the cathedral of the newly formed Diocese of Birmingham in 1905.

Colmore Row, Birmingham B3 2QB

http://www.birminghamcathedral.com

Barber Institute of Fine Arts
The galleries at the Barber Institute of Fine Arts house an outstanding art collection, with masterpieces by Botticelli, Rubens, Gainsborough, Reynolds, Turner and Rossetti, through Monet, Renoir, Degas and Manet to Van Gogh and Gauguin, Magritte and more.

University of Birmingham, Birmingham B15 2TS

http://barber.org.uk

Birmingham Library
The Library of Birmingham is a public library in Birmingham, England. It is situated on the west side of the city centre at Centenary Square, beside the Birmingham Rep and Baskerville House.

Centenary Square, Broad St, Birmingham B1 2ND

https://birmingham.spydus.co.uk/cgi-bin/spydus.exe/MSGTRN/WPAC/HOME

Custard Factory
The Custard Factory is an independent shopping destination and creative and digital business workspace location in Birmingham, England. Located on the site of what was the Bird's Custard factory in Digbeth, it is home to a variety of creative and digital businesses, independent shops and cafes and bars.

Gibb Street, Digbeth, BIRMINGHAM, West Midlands, B9 4AA

Gas Street Basin

Once a thriving port, this area where several canals meet offers colorful canal boats, bars, cafes and restaurants.

Gas Street Basin Gas Street, Birmingham B1 2JT

https://www.tripadvisor.co.uk/Attraction_Review-g186402-d214053-Reviews-Gas_Street_Basin-Birmingham_West_Midlands_England.html

Ikon Gallery

Located in the trendy Brindleyplace complex, this two-floor gallery showcases contemporary art and serves as a venue for special education and events.

1 Oozells Square, Brindleyplace, Birmingham B1 2HS

https://www.ikon-gallery.org

Lapworth Museum of Geology at the University of Birmingham

The Lapworth Museum showcases exceptional objects from one of the UK’s most outstanding geological collections. Our state-of-the-art galleries and range of innovative and interactive exhibits are all completely free of charge. (Check opening before you go!)

https://www.birmingham.ac.uk/facilities/lapworth-museum/index.aspx

RAF Cosford

Royal Air Force Cosford or RAF Cosford is a Royal Air Force station in Cosford, Shropshire, just to the northwest of Wolverhampton. It is free and now re-opened.

Albrighton, Wolverhampton WV7 3EX

https://www.rafmuseum.org.uk/cosford/

Tardebigge Canal

Tardebigge is a village in Worcestershire, England. The village is most famous for the Tardebigge Locks, a flight of 30 canal locks that raise the Worcester and Birmingham Canal over 220 feet over the Lickey Ridge. Good for biking or walking.

Tardebigge village, Bromsgrove, B60

https://www.bromsgrove.gov.uk/media/915050/Tardebigge-Canal-Circular-leaflet.pdf
Thinktank Science Garden

The Science Garden is an outdoor discovery space packed with surprises and fun activities for the whole family. It offers an adventurous and entertaining day out, bringing themes of engineering, mechanics and transportation to life through over 30 hands-on exhibits. The Science Garden is free after 3pm.

1 Curzon St, Birmingham B4 7XG

https://www.birminghammuseums.org.uk/thinktank/highlights/science-garden
More Sites, More Places

Some more sites for you to try, each of which has links to a number of different things you could try out. (Please check that places are open and how they are affected by social distancing.)

Hope some of these work out for you!

https://visitbirmingham.com/whats-on

www.bromsgrove.gov.uk/walking

https://www.treasuretrails.co.uk/

https://www.birminghammail.co.uk/whats-on/whats-on-news/34-fabulous-things-summer-around-13196497

http://livebrum.co.uk/free
Spark curiosity with free virtual summer camps

Make good use of free time during July and August with the Summer Passport for Digital Fun: a series of virtual workshops for kids. They'll be so busy having fun, they'll forget they're building valuable digital skills.


If the link doesn’t work, please search for:

‘Microsoft free virtual workshops and trainings’
Cook and Learn this Summer with

LINGUACUISINE

The free Linguacuisine app helps you learn French and Spanish while you’re cooking a meal! Have fun cooking a meal with a friend, learn some new words and then feed your family and friends with French pancakes or Spanish Chili con Carne. You can do it online or by using the other side of this card.

The Linguacuisine app helps you learn a foreign language while you’re cooking a meal! Your own mobile will speak to you in the foreign language as well as English and talk you through all of the stages of cooking the recipe. If you can’t understand, just press a button to get a photo or video explaining what to do. When you’ve finished, eat the food you’ve cooked with your family and friends.

How to use Linguacuisine:

- Visit https://linguacuisine.com
- Click “Try it online now!”
- Choose French or Spanish and click browse to find recipes Les Crêpes or Chili con Carne.
- You can see a list of the food and equipment you need.
- Click the play button to begin the video and follow what they do. Click ”show description” to see the writing.
- Try saying the French and Spanish words to each other. Then you can eat your delicious homemade meal with family and friends!

We have recipes available in: English, Greek, Italian, German, Chinese, Vietnamese, Arabic and Turkish.

Send us photos of the food you’ve made and tell us which words you’ve learnt!

We can do live online cooking with you July 27-29. Email us on linguacuisine@gmail.com to take part.

Want a fun summer project? You can use the recipe builder so that you can upload your favorite recipe in your own language! There is a tutorial available under ”The App” tab. Once your recipe is uploaded, people all over the world can watch it and make your recipe! Click on ”The App” tab on the website and scroll to find the author tool to begin creating your own recipe.

Contact us at linguacuisine@gmail.com • Instagram, Facebook, Twitter - @linguacuisine https://linguacuisine.com
**Chili/Chile Con Carne Teencook**

**Preparation time:** less than 30 mins  
**Cooking time:** 30 mins to 1 hour  
**Serves 4**

**INGREDIENTS / INGREDIENTS**

- 1 cucharadita de aceite de oliva / 1 tsp olive oil
- 1 cebolla cortada en cubos / 1 onion, diced
- 2 dientes de ajo picados / 2 garlic cloves, chopped
- 250 g de carne picada / 250g beef mince
- H. a chalupita de hojuelas de chile, al gusto / H. 1 tsp chili flakes or powder, to taste
- 400 g de tomates picados en lata / 400g tin chopped tomatoes
- 500 ml de caldo, hecho de un cubo de caldo carne de res / 500ml stock, made from a beef stock cube
- 400 g de ajíes verdes, cocidos y encurtidos / 400g tin red kidney beans, drained and rinsed
- 200 g / 7 oz de arroz de grano largo / 200g long grain rice
- 200 g / 7 oz de yogur natural / 200g natural yoghurt
- sal y pimienta / salt and pepper

**MÉTODO / Method**

Caliente una cacerola grande a fuego medio. / Heat a large saucepan over a medium heat.

Añada una cucharadita de aceite de oliva. / Add one tablespoon of olive oil.

Pique la cebolla y rehogarla durante 5 minutos hasta que esté suave. / Chop the onion and fry the onion for 5 minutes until soft.

Agregue el ajo y cocine durante 2 minutos. / Once the onion is soft, add the garlic and cook for 2 minutes.

Agregue la carne picada, junto con una buena pizca de sal y pimienta. / Add the mince, along with a good pinch of salt and pepper.

Mida bien y cocine durante 5-6 minutos, o hasta que no haya trozos de carne cruda. / Mix well and cook for 5-6 minutes, or until there are no raw bits of meat.

Agregue los ajíes verdes, los ajíes encurtidos, el caldo y el arroz. / Add the chili flakes, the red kidney beans, the stock and the rice.

Roscad рубить bien y llevar a fuego lento. / Stir to mix well and bring to a simmer.

Vierta los ajíes verdes cocidos y cocine a fuego lento durante 30 minutos, o hasta que el chile con carne se espese y sea rico. / Pour in the drained kidney beans and simmer gently for 30 minutes, or until the chili con carne is thickened and rich.

Pruebe y ajuste el condimento según sea necesario. / Taste and adjust the seasoning as necessary.

Mientras tanto, cocine el arroz en agua caliente de acuerdo con las instrucciones del paquete. / Meanwhile, cook the rice in hot water according to the packet instructions.

Sirva el chile con carne encima del arroz con una cucharada o dos de yogur entera de cada porción. / Serve the chili con carne on top of the rice with a spoonful or two of yoghurt on top of each portion.

Come mientras está caliente. / Eat while hot.

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**Les Crêpes/Pancakes Teencook**

**INGREDIENTS / INGREDIENTS**

- 250g de farine / 250g of flour
- 50 cl de lait / 50 cl of milk
- 2 œufs / 2 eggs
- De l’huile / oil
- 3 pincée de sel / a pinch of salt
- du sucre / sugar
- un citron / a lemon
- du sirop / syrup
- des fruits / fruits

**MÉTHODE / Method**

Mettez la farine dans un bol et faire un puits. / Put the flour in a bowl and make a well.

Cassez les œufs dans le puits. / Break the eggs in the well.

Ajoutez une cuillère à soupe d’huile. / Add a tablespoon of oil.

Ajoutez le sucre et le sel. / Add the sugar and salt.

Ajoutez un peu de lait. / Add a little milk.

Trempez la pâte avec le fouet. / Whisk the batter with the whisk.

Ajoutez le lait peu à peu, et continuer à fouetter. / Add the milk little by little and continue to whisk.

Faites chauffer la poêle à feu moyen. / Heat the pan over medium heat.

Mettez un petit peu d’huile sur un morceau de papier de cuisson. / Put a little oil on a piece of kitchen paper.

Frottez l’huile dans la poêle. / Rub the oil in the pan.

Prendre de la pâte avec la louche. / Take some batter with the ladle.

Inserer la louche et verson la pâte. / Tilt the pan and pour the dough.

Incliner la poêle dans chaque direction afin de former une couche régulière. / Tilt the pan in each direction to form a uniform layer.

Roulez la crêpe quand elle est dorée en utilisant la spatule. / Flip the pancake when it is golden using the spatula.

Verifiez qu’elle est cuite des deux côtés et mettre la crêpe sur une assiette. / Check that it is cooked on both sides and put the pancake on a plate.

Ajoutez le sucre, du citron, du sirop ou des fruits, selon votre goût. / Add sugar, lemon, syrup or fruit, depending on your taste.