

	Autumn 1								Autumn 2							Spring 1					Spring 2					Summer 1					Summer 2								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
11	Component 3: Health and Wellbeing: <u>Consolidation of 3A content covered during Lockdown:</u> <ul style="list-style-type: none"> Definitions of health and wellbeing Genetic inheritance and predisposition to conditions Ill health Diet Exercise Substance use Personal hygiene Social interactions Stress Willingness to seek help/access services Financial resources Environmental conditions Housing The impact of life events relating to relationship changes The impact of life events relating to changes in life circumstances Assessment practice: first part of exam Section A. <u>Teaching of 3B content:</u> <ul style="list-style-type: none"> Health indicators Resting pulse rate and recovery after exercise Blood pressure Peak flow Body mass index Using published guidelines to interpret health indicators 								<u>Teaching of 3B content (continued):</u> <ul style="list-style-type: none"> Risks to physical health of abnormal readings Interpreting lifestyle data on smoking, alcohol and inactivity Assessment practice: second part of exam Section A. <u>Teaching of 3C content:</u> <ul style="list-style-type: none"> The importance of a person-centred approach Recommended actions to improve health and wellbeing Short and long-term targets Sources of support (formal, informal, voluntary) Potential obstacles to implementing plans Specific obstacles (emotional/psychological, time constraints, availability of resources, unachievable targets, lack of support, disability and addiction. Barriers to accessing identified services. Assessment practice: Section B. 							<ul style="list-style-type: none"> Revision and exam preparation First exam (early February) <u>Assignment 2B (using content covered in Year 10):</u> <ul style="list-style-type: none"> Consolidation and recap of 2B content Performing role plays Receiving feedback Writing report 					<u>Assignment 2B continued:</u> <ul style="list-style-type: none"> Performing role plays Receiving feedback Writing report Analysis of exam results and re-sit preparation Preparation of coursework sample for external examiner 					<ul style="list-style-type: none"> Re-sit exam (early-mid May) 					<ul style="list-style-type: none"> Course complete 								
10	Component 1B: How individuals deal with life events: <u>Consolidation of 1B content covered during Lockdown:</u>								Component 2A: Types of Health and Social Care services and barriers to accessing them: <u>Teaching of 2A content:</u> <ul style="list-style-type: none"> Primary, secondary and tertiary care Allied health professionals 							<u>Assignment 2A (continued):</u> <ul style="list-style-type: none"> Pupils complete assignment Component 2B: Demonstrate care values and review own practice:					<u>Teaching of 2B content (continued):</u> <ul style="list-style-type: none"> Making mistakes Review own application of care values Receiving feedback Using feedback 					<u>Assignment 2B continued:</u> <ul style="list-style-type: none"> Performing role plays Receiving feedback Writing report 					<u>Coursework completion:</u> <ul style="list-style-type: none"> Finish and submit 2B Upgrading and final submission of 2A 								

	<ul style="list-style-type: none"> Impact of expected or unexpected life events Physical events (ill health, accident and injury) Relationship changes (bereavement, new relationships, marriage, divorce and parenthood) Life circumstances Dealing with life events <p><u>Assignment 1B (Part 1):</u></p> <ul style="list-style-type: none"> Introduce Assignment 1B Students to write Section 1 of assignment. <p><u>Consolidation of second half of 1B content covered during Lockdown:</u></p> <ul style="list-style-type: none"> Adapting to change Types of support (effective, emotional, information and advice, practical) Informal support Voluntary support Professional support <p><u>Assignment 1B Parts 2 and 3</u></p> <ul style="list-style-type: none"> Students to write final two sections of assignment 	<ul style="list-style-type: none"> Services (for children and young people, people with specific needs, older adults) Informal social care Barriers (physical, sensory, social/cultural/psychological, language, geographical, intellectual, financial). Resource barriers for service providers <p><u>Assignment 2A:</u> Introduce assignment and assignment practice</p> <ul style="list-style-type: none"> Research into local health and social care providers Choosing of case study and selecting suitable local services to meet needs 	<p><u>Teaching of 2B content:</u></p> <ul style="list-style-type: none"> Care values (empowering and promoting independence, respect for others, maintaining confidentiality, preserving dignity, effective communication, safeguarding, promoting anti-discriminatory practice) Applying care values 	<p><u>Assignment 2B:</u></p> <ul style="list-style-type: none"> Introduction to Assignment 2B Scripting and rehearsing role plays 		<p><u>Introduction to and preparation for Component 3: Health and Wellbeing</u></p>
<p>9</p>	<p>Component 1A: Human growth and development across life stages and the factors that affect it:</p> <ul style="list-style-type: none"> Introduction to qualification. <p><u>Teaching of first half of 1A content:</u></p> <ul style="list-style-type: none"> Life stages Areas of growth and development Types of physical development Physical development across the life stages 	<p><u>Teaching of first half of 1A content (continued):</u></p> <ul style="list-style-type: none"> Intellectual development across the life stages Language development across the life stages Emotional development across the life stages Social development across the life stages <p><u>Assignment 1A (Part 1):</u></p> <ul style="list-style-type: none"> Introduce Assignment 1A Students to begin Part 1 of assignment. 	<p><u>Assignment 1A (Part 1 continued):</u></p> <ul style="list-style-type: none"> Students to complete Part 1 of assignment <p><u>Teaching of second half of 1A content:</u></p> <ul style="list-style-type: none"> Physical factors (genetic inheritance, illness and disease, lifestyle choices, appearance) Social and cultural factors (culture and religion, community involvement, gender roles, educational experiences, relationships and isolation) 	<p><u>Assignment 1A (Parts 2 and 3 continued):</u></p> <ul style="list-style-type: none"> Students to finish writing Part 2 of their assignment. Students to write Part 3 of their assignment. <p>Component 1B: How individuals deal with life events:</p> <ul style="list-style-type: none"> Impact of expected or unexpected life events Physical events (ill health, accident and injury) Relationship changes 	<p><u>Teaching of first half of 1B content continued:</u></p> <ul style="list-style-type: none"> Life circumstances Dealing with life events <p><u>Assignment 1B (Part 1):</u></p> <ul style="list-style-type: none"> Introduce Assignment 1B Students to write Section 1 of assignment. <p><u>Teaching of second half of 1B content:</u></p> <ul style="list-style-type: none"> Adapting to change Types of support (effective, emotional, 	<p><u>Teaching of second half of 1B content (continued):</u></p> <ul style="list-style-type: none"> Professional support <p><u>Assignment 1B Parts 2 and 3</u></p> <ul style="list-style-type: none"> Assignment 1A and 1B upgrading to ensure both pieces are fully finished and completed to best of students' ability. Introduce Component 2A content in preparation for Year 10. Summer work to be set around this for those continuing with course.

			<ul style="list-style-type: none"> Economic factors (income and wealth, material possessions) <p><u>Assignment 1A (Parts 2 and 3):</u></p> <ul style="list-style-type: none"> Students to write Part 2 of their assignment. 	(bereavement, new relationships, marriage, divorce and parenthood)	<p>information and advice, practical)</p> <ul style="list-style-type: none"> Informal support Voluntary support 	
--	--	--	---	--	---	--